

# Alternatives to Violence Project Antelope Valley

- Enhance personal skills in:
  - Affirmation
  - Communication
  - Cooperation
  - Trust
  - Conflict Resolution

Become a volunteer  
facilitator by May 2012 !!!

- Consider becoming an AVP Facilitator and facilitate workshops in high schools, the community or in California State Prisons, jails, youth camps, etc.
- Workshops will be held at  
Palmdale's Neighborhood House  
503 E. Ave. Q3, Palmdale
  - **Basic**—March 10th & 11th-Sat & Sun—8:00am - 5:00pm
    - An experiential workshop focusing on personal skills for conflict resolution.
  - **Advanced**—April 14th & 15th—Sat & Sun— 8:00am-5:00pm
    - **Must have completed the Basic level workshop.**
    - An experiential workshop going deeper into personal issues and applying Transforming Power.
  - **Training for Facilitators**-May 5th & 6th-Sat & Sun—8:00am-5:00pm
    - **Must have completed the Basic and the Advanced.**
    - Training to become an apprentice facilitator. You will then be immediately able to join a facilitation team in any workshop.
    - After apprenticing in 3 workshops, you can then become a **Certified Facilitator.**

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Register today— each 2-day workshop is \$50 per person

Name \_\_\_\_\_ e-mail \_\_\_\_\_

Phone \_\_\_\_\_

- I wish to attend the March 10-11 **Basic** AVP Workshop at \$50
- I wish to attend the April 14-15 **Advanced** AVP Workshop at \$50
- I wish to attend the May 5-6 **Training for Facilitators Workshop** at \$50

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